Diabetes, Smoking, and Your Health

Patient Handout

Indiana Diabetics who Smoke...

Health Status

Only 34.9% states that their health status was good or bett

High Cholesterol
1.9% have high cholesterol

Sleep

70.1% stated they do not get enough sleep

Blood Pressure

60.6% have hapertension

Physical Activity

59.2% have had their activity limited due to health issues

Exercise

ne last 30 days

Glaucom

3.7%

Arthritis

have arthritis

Heart Attack

18 % have ad a heart attack

Stroke

1.6% he had str ke

Coronary Arten Disease

15.6% ave coronary arter lisease

Cataracts

28.6% have or had catar







Reference: This information is from the 2009 BRFSS. Values are for self-reported diagnosed diabetics who self-reported being current smokers. Survey participants are considered smokers if they answered "yes" to "smoked at least 100 cigarettes" and "now smoke every or some days."